



RESOURCE 3

WHERE TO BUY LOCAL BUSH TUCKER AND BUSH MEDICINE PLANTS

These plants are all naturally found on Minjerribah (North Stradbroke Island), Moorgumpin (Moreton Island), the Bay Islands and mainland Quandamooka Country.

They're a great selection of some of the hardiest plants to start off any Bush Tucker & Bush Medicine garden in your Early Learning Space.

To give you more Quandamooka specific information about these plants refer to the following books. They can all be purchased from the Minjerribah Moorgumpin Elders-in-Council on Stradbroke Island (07) 3409 9723.

1. Plants. Bush Tucker Medicinal and Other Uses of Minjerriba by Margaret Iselin & Lyn Shipway.
2. The Flora of North Stradbroke Island by K stephens & D Sharp.
3. Minjerribah An Indigenous Story of North Stradbroke Island by Aunty Margaret Iselin & Uncle Keith Borey

BUNNINGS VICTORIA POINT

This is a small example of what Bunnings currently has in their local native plant selection.

ADDRESS	Cleveland-Redland Bay Road & Colburn Avenue Victoria Point
PHONE	07 3829 7000
CONTACT PERSON	Suzanne Karma or Robyn

QuandamookaBajara

Educating On Sacred Ground



1. Swamp Banksia – *Banksia robur*



- Small Tree 2.5m x 1m
- Grows in swamps
- Flowers heavy with nectar and were soaked in water to make sweet high energy drinks
- Nectar was also sucked straight from the flowers

2. Mat Rush – *Lomandra hystrix*



- Tufted grass 1m x 1m
- Grows along fresh water creeks and swamps & dry creek beds
- Long strappy leaves are sharp and used for weaving dilly bags or making rope
- Seeds were ground into flour and added with bungwall fern flour and bunya nut flour to make Johnny cakes

QuandamookaBajara

Educating On Sacred Ground



3. Midyim Berry – *Austromyrtus dulcis*



- Low shrub 30 cm x 1 m
- Grows in the shade behind sand dunes or in rainforest
- White spoty fruits are soft, juicy and sweet tasting

4. Pigface

Jandai Name – *“Bubbracowie”*



- Gum from leaves used for pain relief from bluebottle stings and stinging insects
- Fleshy red fruit & leaves can be eaten raw
- Add it to foods to give them a salty flavour
- Found mainly on the ocean side of the Stradbroke

QuandamookaBajara

Educating On Sacred Ground



5. Blue Tongue – *Melastoma affine*

Jandai Name – “Nujigum”

- Shrub 1.5m x 1.5 m – grows on the edges of swamps sandy areas
- Flowers spring to autumn
- Eat large pink & mauve flowers which stain your mouth blue
- Fruits are sweet to eat



REDLANDS INDIGISCAPES CENTRE

It is highly recommended that you visit the Wild Herb Garden at IndigiScapes. It has a great selection of local and introduced bush tucker foods and bush medicine plants.

A visit enables you to see mature plants so that you can better plan out the landscape space required for your own garden.

You can also purchase small plants from their native bush nursery for under \$5.

ADDRESS	17 Runnymede Road Capalaba
PHONE	07 3824 8611
WEBISTE	www.indigiscapes.com.au

QuandamookaBajara

Educating On Sacred Ground



1. Native Raspberry – *Rubus moluccanus*

- Shrub or ground covered which is covered in prickles with hairy leaves
- Flowers are white or red
- Berry becomes red when ripen during the summer months
- Eat berry when they're rich red and starting to soften
- Soak small leaves in warm water and drink the infusion to help calm an upset stomach



2. Native Ginger – *AbIpinia caerulea*



- Grows to about 1.5 m and prefers moist areas, grow in rainforest and flowers in summer.
- Fruits are blue and edible and the root tips were often roasted before eating.

QuandamookaBajara

Educating On Sacred Ground



3. Hop Bush – *Dodonaea viscosa* Jandai Name – “*Kin-gin-ya*”



- Shrub which grows to about 4 m and has sticky leaves
- Flowers and fruits in winter and early spring
- Leaves and hops were soaked in water to make mead.
- When the hop bush flowers oysters are at their best.

4. Bunya Pine – *Araucaria bidwillii*



- Tree which grows to about 40 m height and is slow growing
- Nut is eaten raw, roasted or pounded to flour to make Johnny cakes
- Bunya trees and nuts very important and each season tribes from all over would travel to Bunya Mountains and trade food, & other items for the bunya fruit & seeds

“Yuwayi, bunjis” which means Farewell, friends...